

ROOM-BY-ROOM CHECKLIST

for lightening your material load

LIVING ROOM

- Unwatched DVDs
- Excessive knick knacks
- Books you won't read again
- Junk mail
- Newspapers
- Old magazines
- Used up candles
- Dried up fragrance diffusers
- Dead or ugly houseplants
- Games you don't play
- Wall art you don't like
- Toys your pets don't like
- Overgrown collections

KITCHEN

- One-use kitchen gadgets
- Mismatched containers
- To-go containers
- Chipped dishes
- Extra cups
- Extra hand towels
- Specialty dishes you don't use
- Condiment packets
- Plastic cutlery
- Extra plastic shopping bags
- Old spices
- Expired anything
- Food you don't want to eat
- Extra reusable shopping bags
- Extra refrigerator magnets
- Takeout menus
- Unused cookbooks
- Duplicates of tools
- Poor cleaning products
- Old jars and vases

BEDROOM

- Orphaned socks
- Ill-fitting clothing
- Uncomfortable bras
- Least favorite pair of shoes
- Clothing not worn in a year
- Clothing not mended yet
- Excess coat hangers
- Damaged clothing
- Promotional clothing
- Scratched eyewear
- Worn out shoes
- Unnecessary duplicates
- Yellowed t-shirts
- Excessive accessories
- Orphaned earrings
- Broken jewelry
- Stuffed animals

OFFICE

- Abandoned hobbies
- Uncompleted projects
- Scraps of fabric, ribbon
- Scraps of wrapping paper
- Extra bubble wrap
- Used tissue paper
- Dried up pens
- Promotional products
- Cords that you don't use
- Old electronics
- Greeting cards
- Business cards
- Old bills and receipts
- Rubber bands
- Expired coupons
- Paper weights
- Extra headphones
- Bookmarks
- Calculators

CLOSETS

- Excess linens/blankets
- Cardboard
- Old product boxes
- Broken storage tubs
- Product manuals
- Extra bolts and screws
- Seasonal decor not used in past two years
- Broken seasonal decor
- Overly-specific seasonal decor
- Mystery keys
- Expired batteries
- Textbooks
- Unplayed instruments
- Extra picture frames
- Doubles of photos
- Gag gifts

BATHROOM

- Expired makeup
- Almost empty bottles
- Testers and samples
- Lipstick you hate
- Slivers of soap
- Old towels
- Dried up nail polish
- Bad smelling perfumes
- Lotions/soaps you dislike

GARAGE

- Broken power tools
- Rusty hand tools
- Duplicate tools
- Unused sports equipment
- Empty paint cans
- Old or unused chemicals